

Middle School Youth Sexual Health Resource List

Relationship Support	Culturally Specific Advocacy & Support	Informational Websites
Bradley Angle House Shelter 503-232-1528 bradleyangle.org	Bradley Angle Healing Roots Program 503-595-9591 <i>African American domestic violence survivors</i>	Amaze amaze.org <i>Videos for 6th-8th graders about sexual and reproductive health</i>
Call to Safety* 24/7 503-235-5333 or 888-235-5333 calltosafety.org	IRCO (Immigrant & Refugee Community Organization) 503-234-1541 irco.org	Awkward or Not? www.awkwardornotapp.org <i>A quiz to see how ready your parents are to talk about dating and sex</i>
Proyecto UNICA* (servicios en español) 503-236-9591	Latino Network 503-283-6881 latnet.org	I Wanna Know! iwannaknow.org/teens <i>Sexual health information</i>
SARC* (Sexual Assault Resource Center) 503-640-5311 sarcoregon.org	NAYA (Native American Youth And Family Center) 503-288-8177 nayapdx.org	Kidshealth.org kidshealth.org/en/kids <i>Information on bodies and staying healthy</i>
VOA Home Free 503-771-5503 Teen Advocate* Pamela Cell: 503-388-8211 (text 8a-5p M-F)	Ross (Russian Oregon Social Services) 503-777-3437 emoregon.org/ross.php	Love is Respect loveisrespect.org <i>Empowering young people to prevent & end abuse</i>
Youth Line 24/7 Teens Helping Teens (4-10 pm) 1-877-331-9474 OR Text TEEN2TEEN to 839863 oregonyouthline.org	SEI (Self Enhancement, Inc – supporting at-risk urban youth) 503-249-1721 selfenhancement.org	What's Your Future Plan? www.yourplanapp.org <i>Figure out what you want your life to be like</i>
LGBTQ Services & Support		Health Services
Bradley Angle House 503-232-7805 bradleyangle.org/get-help/programs/lgbtq-services/ <i>LGBTQ domestic violence support</i>	TransActive Gender Center 503-252-3000 go.lclark.edu/transactive/support <i>Services and support for gender diverse children, youth & families</i>	Crisis Line (24/7) 503-988-4888 multco.us/mhas/mental-health-crisis-intervention
LGBT National Youth Talkline 1-800-246-7743 glnh.org/talkline <i>Support & resources for LGBTQ+ youth</i>	The Trevor Project 1-866-488-7386 thetrevorproject.org <i>Crisis counseling & support for LGBTQ+ youth</i>	Multnomah County STD Services 503-988-3700 Multco.us/health/std-services
Q Center 503-234-7837 pdxqcenter.org <i>Safe space to support and celebrate LGBTQ community</i>	Personal Resources	
SMYRC (Sexual & Gender Minority Youth Resource Center) 503-872-9664 smyrc.org	Two trusted adults I can talk to about sexuality are:	
		Planned Parenthood 503-788-7273 plannedparenthood.org
		Student Health Centers 503-988-4424 multco.us/health/student-health-centers

* You can talk to someone who is not a mandatory reporter – ask to confirm